

Cord Cutting Session Form

Name: _____ Date: _____

Step One— Calling in a Divine Being:

Archangel _____, please be present and in charge of this healing session.

Step Two— Creating a Sacred Space for the Healing

Archangel _____, please place violet flames, one in every corner of the room that (client) is in, and one in every corner of the room that I am in. Also, please place violet flames in the centre of both of these rooms. This is to clean up any stale or negative energy.

Next, please place gold and silver light around the edges of the room that (client) is in. And around the edges of the room I am in. This is to seal the energy in this place so that only energies of the highest vibration may enter.

Step Three— Checking for Earthbound Spirits

Does this client have any earthbound spirits in their auric field? Yes _____ No _____

Step Four— Determining Which Cord to Cut

Which cord would be most in alignment with _____'s highest path and purpose to cut today?

How significant is this cord on a scale of 1-10?

- | | | |
|----------|----------|----------|
| 1. _____ | 4. _____ | 7. _____ |
| 2. _____ | 5. _____ | 8. _____ |
| 3. _____ | 6. _____ | 9. _____ |

Cordee: _____

Step Five— Setting an Intention: _____

Step Six— Reading the Chakras to Assess the Impact of the Cord

Which three chakras are most impacted by this cord of attachment?

Which chakra databank in this chakra is most affected?

1st Impacted Chakra: _____ Databank: _____

2nd Impacted Chakra: _____ Databank: _____

3rd Impacted Chakra: _____ Databank: _____

Which type of negative energy does this chord bring to this chakra databank?

Negative Energies: _____

Step Seven— Locating the Cord on the Energy Body

Chakra One: _____

Step Eight— Giving Permission & Cutting the Cord

Gain client's permission and then pray the following: *Archangel _____, please cut this energetic cord of attachment so that what belongs to (cordee's name) is returned to (cordee) so that there is no more back and forth of emotion and energy between us, but only (love, peace, etc.), that I may be free from the ties and energy attachments of the past. I'm grateful for what I have learned, and I ask that this cord be cut, removed, and dissolved now.*

Step Nine— Bringing in Positive Energies

Positive Energies: _____ Days: _____

Archangel _____, please have the energies of _____ to be with (client) for _____ number of days until the healing and rebalancing are complete. Thank you.

Step Ten— Researching the Dynamics of the Cord

Energy #1: _____ Energy #6: _____ Energy #11: _____

Energy #2: _____ Energy #7: _____ Energy #12: _____

Energy #3: _____ Energy #8: _____ Energy #13: _____

Energy #4: _____ Energy #9: _____ Energy #14: _____

Energy #5: _____ Energy #10: _____ Energy #15: _____

Step Eleven— Informing the Client About the Dynamics of the Cord

Do you recognize the negative energies that were found? If so, how have they been affecting your life? How have you seen these dynamics in other areas of your life? What have you learned from this session? What insight have you gained?

Step Twelve— Homework & Checking In

Ask client and Spirit if there is a message for them

Step Thirteen— Ending the Session

Cut Psychic Ties _____ Cleanse Emotional Residue _____ Close Off Your Aura _____

Note: This form was created by a student (Tom Steward) who has found it helpful to use while working through the cord cutting process with a client.