

Earthbound Spirit Release Session Form

Name: _____ Date: _____

Step One— Calling in a Divine Being

Archangel _____, please be present and in charge of this healing session.

Step Two— Creating a Sacred Space for the Healing

Archangel _____, please place violet flames, one in every corner of the room that (client) is in, and one in every corner of the room that I am in. Also, please place violet flames in the centre of both of these rooms. This is to clean up any stale or negative energy.

Next, please place gold and silver light around the edges of the room that (client) is in. And around the edges of the room I am in. This is to seal the energy in this place so that only energies of the highest vibration may enter.

Step Three— Checking for Earthbound Spirits

Does this client have any earthbound spirits in their auric field? Yes _____ No _____

Step Four— Explain to the client that they have earthbound spirits with them and get their permission to continue with the session

Explain what these spirits are, why we have them, and why we want to clear them

Step Five— Gather information about these spirits and provide this information to the client

How many earthbound spirits are with this client? _____

What chakra is most impacted by the earthbound spirits? _____

What chakra databank is most affected by these spirits? _____

Which type of negative energy do these spirits resonate with the most? _____

Step Six— Once you have gathered your information, explain it to the client

Explain what was found in Step Five and ask the client if they have any comments or questions. How has she sensed or felt any of the above in her emotions and body?

Step Seven— Explain what will happen next

Let the client know you will clear these spirits from their aura and home and that what follows is like a healing ceremony to help the spirits cross over into the light. Enjoy!

Step Eight— Clear the Spirits

I call forth all earthbound spirits in (client's name) aura and home, for healing now. This is a ceremony to bring you release from the earth plane, and relocation.

Know that your life on earth is over. It is completely finished. It was whatever it was and it is time to go.

Dear one(s), you are healed and forgiven (repeat until this is complete)

You are completely safe and the presence of the Divine is with you. You are filled with Divine light, to illuminate the way forward to your next right place of expression. You are filled with Divine love, as you are beloved by the Creator and worthy of love. You are filled with Divine truth, as you realise that the earth plane is no longer your home. There is a much better place for you to go.

You are free from fear, pain, and any other heavy emotions which have kept you stuck in the earth's vibrations.

Dear souls, it is now time for you to move on to the other side, where your loved ones are waiting for you to join them in Spirit. Archangel _____ will guide you now to your own personal heaven. The energies of love, joy, and peace await you there.

I ask Archangel _____ to bring down a stream of golden light to guide each of you back into the light of Spirit now. Thank you Archangel _____.

Step Nine— Cut psychic ties between the spirits and yourself and the client

I call on Archangel _____ to hereby release any psychic ties which may have been formed between me and the earthbound spirits we have released today. And also between (client) and the earthbound spirits. I ask Archangel _____ to dissolve these ties of energy in every dimension with a golden light beam.

Now bring in new love, light, and peace for everyone concerned. Thank you. It is done, it is done, it is done.

Step Ten— Close off your aura

I call on Archangel _____ to fill and surround me and (client) and client's home, with Divine Love, Divine Truth, and Divine Light. And to close off all of our auras to all but our Higher Selves and those beings of highest vibration who are meant to be with us on our respective spiritual paths.

Step Eleven— Thank the Divine Being

Thank you Archangel _____ for bringing the healing energy of this session.

Tell the client it is done and the souls have crossed over.

Step Twelve— Ask the client to tune in

Ask the client to tune into what they are feeling and experiencing.

Step Thirteen— Pass on homework

Tell the client you are giving them homework to reprogram their subconscious mind.

I close off my aura to all except my Higher Self, and those beings of the highest vibration, who are meant to be with me on my spiritual path.

Step Fourteen— Determine how long

Tell client: “*This prayer needs to be recited, over and over, for _____ minutes a day for a total of 21 days.*” Explain the purpose of the prayer and how they are to recite it.

Step Fifteen— Ask client if they have any questions

Ask the client if they have any questions about this process.

Step Sixteen— End the session

Cut Psychic Ties _____ Cleanse Emotional Residue _____ Close Off Your Aura _____

Note: This form was created by a student (Tom Steward) who has found it helpful to use while working through the earthbound spirit release process with a client.